

2025 Junior Program			
Date	Clinic	Date	9 Hole Comp
7th Feb	On - 3:45pm	9th Feb	On - 11:45am
14th Feb	On - 3:45pm	16th Feb	On - 11:45am
21st Feb	On - 3:45pm	23rd Feb	On - 11:45am
28th Feb	On - 3:45pm	2nd Mar	On - 11:45am
7th Mar	On - 3:45pm	9th Mar	On - 11:45am
14th Mar	On - 3:45pm	16th Mar	On - 11:45am
21st Mar	On - 3:45pm	23rd Mar	Rotary Day
28th Mar	On - 3:45pm	30th Mar	On - 11:45am
4th Apr	On - 3:45pm	6th Apr	On - 11:45am
11th Apr	On - 3:45pm	13th Apr	On - 11:45am
18th Apr	School Holiday	20th Apr	On - 11:45am
25th Apr	School Holiday	27th Apr	Taverners Golf Day
2nd May	On - 3:45pm	4th May	On - 11:45am
9th May	On - 3:45pm	11th May	Mother's Day
16th May	On - 3:45pm	18th May	On - 11:45am
23rd May	On - 3:45pm	25th May	On - 11:45am
30th May	On - 3:45pm	1st June	On - 11:45am
6th June	On - 3:45pm	8th June	On - 11:45am
13th June	On - 3:45pm	15th June	On - 11:45am
20th June	On - 3:45pm	22nd June	On - 11:45am
27th June	On - 3:45pm	29th June	On - 11:45am
4th July	On - 3:45pm	6th July	On - 11:45am
11th July	School Holiday	13th July	On - 11:45am
18th July	School Holiday	20th July	On - 11:45am
25th July	On - 3:45pm	27th July	On - 11:45am
1st Aug	On - 3:45pm	3rd Aug	On - 11:45am
8th Aug	On - 3:45pm	10th Aug	On - 11:45am
15th Aug	On - 3:45pm	17th Aug	On - 11:45am
22nd Aug	On - 3:45pm	24th Aug	On - 11:45am
29th Aug	On - 3:45pm	31st Aug	HRDGA Champs
5th Sept	On - 3:45pm	7th Sept	Fathers Day
12th Sept	On - 3:45pm	14th Sept	On - 11:45am
19th Sept	On - 3:45pm	21st Sept	On - 11:45am
26th Sept	On - 3:45pm	28th Sept	On - 11:45am
3rd Oct	School Holiday	5th Oct	On - 11:45am
10th Oct	School Holiday	12th Oct	On - 11:45am
17th Oct	On - 3:45pm	19th Oct	Club Championships
24th Oct	On - 3:45pm	26th Oct	On - 11:45am
31st Oct	On - 3:45pm	2nd Nov	On - 11:45am
7th Nov	On - 3:45pm	9th Nov	HRDGA Centenary
14th Nov	On - 3:45pm	16th Nov	On - 11:45am
21st Nov	On - 3:45pm	23rd Nov	Pennant Presentation
28th Nov	On - 3:45pm	30th Nov	On - 11:45am
5th Dec	On - 3:45pm	7th Dec	On - 11:45am



**For all your golfing needs
from tuition to equipment
see the team at the
East Maitland On Course
Golf Factory >**

OPEN 7 DAYS

East's Leisure & Golf
2 Tenambit Street
EAST MAITLAND 2323

Professional Shop: (02) 4933 4141
Club House: (02) 4933 7512
email: proshop@embc.com.au

**CANCELLATIONS &
SCHEDULES**

Cancellations due to inclement
weather for all sessions are made
30 minutes prior to start time.

Please note that schedules can be
subject to change through the year.

If conditions look doubtful please
call the Golf Factory on 4933 4141
or check our facebook page >
"East's Leisure & Golf Junior
Development Program"



**EAST'S JUNIOR
DEVELOPMENT PROGRAM**

2025 Junior Development Program



**East's Leisure & Golf
Junior Development Program**

East's Junior Development



The Easts Junior Development Program is a structured system that encourages Junior golfers of all levels and ages. The Program runs on most Fridays of the year and also encompasses School Holiday Clinics depending on demand.

Parental supervision at any level is not necessary however is encouraged for Juniors of any age until they become comfortable with their surroundings.

The East's Junior Development Program is a service to golf provided by the East's Group and the East Maitland On Course Golf Factory. When thinking of your golf equipment needs please support the Shop that operates the Program.

The Program is operated by PGA Professionals, Neil Dorsett, Vikki Wrigley, Hayden Gulliver and Michael Holden. Progression through the Junior Program is as follows.

Introduction to Golf

A Junior Golf Clinic that caters for Introduction to Advanced players, is conducted on most Fridays from 3:45pm to 4:45pm.

The Introduction Clinic as the name suggest introduces young golfers to the game and covers the basics of the full swing, short game and the etiquette of golf.

It also encompasses experience on the golf course providing a pathway to Membership and Competition golf.

The Clinic is just \$5 and is open to any junior aged 5 to 18 years old. All equipment, if required, is supplied courtesy of the East Maitland On Course Golf Factory.

9 Hole Competitions

Once a certain stage has been attained at the Introduction Level Juniors then progress to a 9 Hole Competition.

The 9 Hole Competition is played on Sundays and commences as per the schedule set out on the next page. Players need to book in 15 minutes before the scheduled start time to be included in the draw.

The cost of the 9 Hole Competition is only \$12 for a Junior Member or \$20 for Visitors.

Once a handicap of 18 has been achieved in the 9 Hole Competition Junior players may graduate to Club Competition's.

Club Membership

Juniors don't have to be Members of East's to participate in the junior Development Program at any of its stages. However once Juniors reach the 9 Hole Competition section of the program it is advisable to join the Club.

Junior Membership is only \$60 which can include a Golf Australia handicap once a certain skill level is attained.

The Junior Membership category is Pro Rata and runs over the financial year. Juniors Members are then able to play Social golf for only \$1 and just \$12 for 18 hole competition golf.

MyGolf

MyGolf is Golf Australia's national Junior introductory program to develop and promote participation in golf.

East's and the East Maitland On Course Golf Factory are affiliated with the program and parents can either register on line or through the Professional Shop.

Equipment Needs

Golf clubs and the correct specifications that they need to be is often a confusing issue, especially for young golfers who seem to be growing everyday.

There are a few considerations when fitting golf clubs, but once these are overcome it is pretty easy to get the clubs that are right for you.

A scale used by qualified Golf Professionals that measures a golfer's fingertip to the ground determines the length of golf clubs required by a player. When a golfer is addressing the ball correctly and once clubs have been fitted there is never a problem as to the length of a club.

Shaft flex can be broken down into Junior, Ladies, A Flex, Regular, Stiff and Extra Stiff. One of these flexes suits everybody depending on the speed of their swing. The kick point of the shaft then helps determine the height that a shot will fly.

Grip thickness is a big variable, but is easily adjusted by qualified Golf Professionals. The thickness required changes from person to person depending on a scale of finger length to palm size. Everybody is slightly different.

At the Maitland On Course Golf Factory we are well placed to correctly outfit young golfers with high quality golf equipment at the best prices.

For a more in depth explanation of club fitting and the components used in modern clubs drop into the Golf Factory and talk to any of the friendly staff.

